

SPORTS AND ACADEMIC JUBILEE OF DR. HAB. PROF. UR, WOJCIECH J. CYNARSKI

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- eastern martial arts,
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Abstract:

The aim of the study is to present sports and scientific achievements, which peaked in sports, learning and organizational activities in these areas Prof. W. J. Cynarski. The text has been prepared on the occasion of the procedure for granting him the title of professor and is a summary way of life of a certain stage, as well as the anniversary of the sport and the round jubilee 50th anniversary.

Wojciech Jan Cynarski was born on February 23, 1965 in Strzyżów – so this year is his 50th birth anniversary jubilee. For almost 40 years he also practiced combat sports and martial arts, and for 26 years he combined sports activities and coaching with scientific activity, achieving in both of these fields considerable success. It is therefore an opportunity to summarize the results of this multifaceted activity and evaluating his achievements, especially seeing the start of procedure for awarding the title of full professor for W. J. Cynarski and its result should be known soon.

Wojciech J. Cynarski began his sports fascination with the Far Eastern sports and martial arts as a 13-year-old by learning self-defence on the basis of **jujutsu** and boxing and kick-boxing, combined with elements of **karate** and hatha yoga. His first coach was Jerzy Świderski. After the end of elementary school, he advanced to the High School in Strzyżow, which he graduated with honours in 1984.

After matriculation he began his studies at the Faculty of Civil Engineering, Rzeszów University of Technology, continuing his passion for sports in the AZS PRz Club (*Academic Sport Association of University of Technology in Rzeszow*) and WTKKF Rzeszow, where he trained kyokushin karate, judo and jujutsu as well as kobudo elements in the outlying Rzeszow city clubs (Tarnow, Youth Palace and Krakow, where he held seminars, conducted by M. Śliwka et al., as well as individual training). In the Palace of Youth and Youth Centre, his coach was *shihan* Stanislaw Cynarski. While learning W.J. Cynarski achieves successive stages of initiation in martial arts, which soon will allow him to teach the adepts of sports and martial arts without supervision.

During his studies, in 1987 he began instructor's work in karate and jujutsu, transferring to Rzeszow (Academic Sport Association of University of Technology in Rzeszow and WTKKF Rzeszow) the experience, gained during training in Krakow and Tarnow. To improve his skills, in 1989 he embarked on his first foreign journey – 3-month course of **Ai-kibudo-Kobudo** in France, where his instructor and master was A. Floquet (7th dan CERA). The course was organized by the A.F. and Yoshio Sugino Kobudo Conseil and knowledge gained there helped in obtaining the first master's degree in 1991, when it gave W. J. Cynarski 1st dan jujutsu rank in Krakow, given by M. Drogosz (3rd dan, EIJJF), and then in the same year – 2nd dan under the supervision of S. Lory (7th dan, EIJJF). These were the first steps towards mastering of skills, to which devoted his life energy the future professor. Detailed sports development and order in which he earned following master's titles and instructor and

trainer degrees, as well as judicial powers, are shown in Table 1, which is attached at the end of this text.

Passion, which for almost 40 years guided W. J. Cynarski in his sport and spiritual development, meant that he found his way also in the profession and science. Despite obtaining, at Rzeszów University of Technology, master's degree of engineering in 1989, based on work – related to his interests – *Designing Dojo for Far Eastern martial arts*, he didn't stay for long in learned specialty – his work was connected to the necessity of working out up-funded scholarship. Relationships with construction lasted until 1992. W.J. Cynarski in 1990 took a job in construction finishing work, the Construction Combine in Rzeszow as a construction engineer, while at the same time still working as a martial arts instructor.

In 1991-1992 he studied externally for 2 years on Postgraduate Studies Pedagogical University in Rzeszów. In 1992, following the settlement of a funded grant and at the same time obtaining building qualifications, he quit his job in construction and went to teaching industry, where he remained to the present day. He worked for three years (1992-1994) in the Building School Complex in Rzeszow. During that time (1994) after completing a series of internships and exams he received from the Europe Idokan federation international license of trainer in **jujutsu** and **karate** (later also in **judo** and **kick boxing**). In September 1995 he joined the High School and the School Complex in Strzyzow, as a teacher of physical education, where he worked until September 1999 (at the same time leading classes in martial arts).

Already in October 1994 he began doctoral studies at the University of Physical Education in Warsaw, and his tutor was Assoc. Prof. Jerzy Kosiewicz. The study was completed in May 1997. Already in 2nd July 1996, he opened graduation thesis at the Department of Physical Education of Social Sciences Ph.D., based on the work: *Far Eastern martial arts budō in the Western sport culture* (his supervisor was Prof. J. Kosiewicz). In October of 1997 he was employed at the Institute of Physical and Health Education at WSP (High School of Pedagogy) in Rzeszów (now WWF UR – Faculty of Physical Education University of Rzeszow).

June 26th, 1998 he defended at the University of Physical Education (AWF) in Warsaw his doctoral dissertation, gaining a doctoral degree in physical education. At the same time he took extramural 5-year Master's degree in sociology at the Faculty of Sociology and History UR, which he ended in 2002 with very good grade, defending a thesis: *Globalization and the dialogue of cultures* (under the direction of Prof. Dr hab. Andrzej Andrusiewicz).

In the Institute of Physical Education and Health WSP in Rzeszów he ran – as a head coach – Eastern Martial Art Section at AZS UR and AD classes as well as workshops in the field of martial arts and sociology classes of physical education (and simultaneously in Teachers College in Przemyśl, Tarnobrzeg and Stanisław Pigoń State College in Krosno), initially under the direction of Prof. Assoc. Z. Krawczyk, then according to his own, original program. From October 1997 to 1999, he worked as an Assistant Professor in the Department of Sport and Camping WSP (head Assoc., Prof. UR Kazimierz Obodyński) and then in the Department of Theory and History of Physical Education (head Dr Marek Mirkiewicz), in the Department of History of Physical Education (head Prof. Dr Jan Draus) and finally back in the Department of Sports and Camping (Prof. Dr hab. Kazimierz Obodyński) leading Martial Arts Studio. After the reorganization of the structure of IWFIZ (*Institute of Physical Education and Health*) he worked in the Department of Management in Sport, Tourism and Recreation, headed by Prof. K. Obodyński. Within the Faculty of Physical Education UR he became from 1st Oct. 2005 the Head of the Department of Combat Sports and Individual Sports (since 2006: Department of Martial Arts WWF UR).

In September 15th, 2004 W. J. Cynarski opened his tenure at the Academy of Physical Education (AWF) in Warsaw. In June 2005 the Central Committee of Degrees approved and granted him a doctoral degree in physical education with a specialization in sports theory. From August 2005 he was an associate professor at the University of Rzeszow, and since Oct.

2005 until 2013 as associate professor of PWSZ (*Stanisław Pigoń State College*) in Krosno, where he gave lectures on the theory of physical education, philosophy, lectures and classes in sociology (general, sports, tourism), classes with martial arts (jujutsu and karate) and diploma seminars. Since 1.10.2006 he was also, as the representative of UR, scientific and educational supervisor in Teachers College in Przemysl and a member of its Program Council. In June 2012, he was elected as the Vice-Dean for Science and International Relations WWF UR (*Faculty of Physical Education University of Rzeszow*) for the 2012-2016 term.

He practices Martial Arts since 1977. He is licensed coach and international referee in jujutsu and karate (Class A) and an examiner in several federations: Stowarzyszenie Idokan Polska (*Idokan Poland Association*), DDBV e.V. (*Deutscher Dan-Träger und Budo-Lehrer Verbands.V.*). He received numerous master's degrees – i.e.: 10th dan in ido, 9th dan in jujutsu, 8th dan in karate, 6th dan in aikijutsu, 6th dan in iaido, 6th dan in kobudo, 3rd dan in judo, 2nd dan in kick-boxing and second degree instructor in Wing Tsun kung-fu. Versatility of Professor's skills should be emphasized here because there is probably nobody in Poland who has such high levels in so many different martial arts and eastern fighting sports, which – as he believes – is due to his masters, as he practiced constantly for almost 40 years under the direction of the best *sensei*-teachers. In addition, it should be emphasized, too, that he received the title – *hanshi* simultaneously in karate and jujutsu, which is unique in European scale, because the other *hanshi* are derived almost exclusively from the homeland of martial arts – Japan. He is also a pioneer of several varieties of martial arts in Poland (Kotori-Shinto-ryu and Takeda-ryu) and sports jujutsu in the region, because thanks to the many internships in Japan can get to know them as the first and implement them on our soil. Such results are thanks to orderliness, persistence and diligence, in everything – training and sports, scientific research, educational, editorial, social and organizational.

Discussing in short all of these areas, I should mention that in terms of sports achievements and coaching here the following successes: As a player he won i.e.: Polish championship and master class in sports jujutsu (1994). In an international tournament (World Championship) IMAF in Tokyo (2000) he won second place in the Karate competition and third place in the Kobudo technical forms.

Since 1992 he collaborates with L. Sieber from Germany, who holds the title of *Meijin*, 10th dan karate and also 10th dan jujutsu – close cooperation with the German Grand Master has resulted in not only individual workouts and constantly improved skills that translate into higher and higher degrees achieved by him, but also the cooperation and friendship and cooperation of *Meijin* L. Sieber in the IMACSSS business and in many publications in several scientific journals. In the words of the W. J. Cynarski, into is this fact, common practice since 1992, he owes its development as an athlete and can call L. Sieber his master.

W.J. Cynarski holds master's degrees in seven martial arts and combat sports, i.e.: 10th dan in Judo-do/Ido; 9th dan in jujutsu; *hanshi* in jujutsu; 8th dan in zendo karate tai-te-tao; 8th dan in karate-do (nihonden); *hanshi* in karate; 6th dan in kobudo; 6th dan in all-style karate; 6th dan in aikijutsu; 6th dan in kenjutsu and iaido; 3rd dan in judo; 2nd dan in kickboxing and 2 degree in Wing Tsun kung-fu. He also achieved powers of instructor: Polish, Austrian, French, Japanese, German, and international, including: licensed trainer jujutsu, karate, judo and kick-boksing; International license judge in jujutsu and karate (since 1994); Class A sports judge in jujutsu and karate (since 1996); 1st Class judo coach (since 1996).

His students have won many medals and trophies i.e.: Polish Championship titles of cadet, junior and senior grades. Among other things, for this, W. J. Cynarski received the title: Teacher and tutor of youth, and his major students who have achieved a lot and took over a fascination with martial arts are: Paweł Szlachta: 4th dan jujutsu; 3rd dan karate; 1st dan ido; Robert Wyskiel: 2nd dan jujutsu; Marek Mroszczyk: 2nd dan karate; Adam Hajduk: 1st dan – jujutsu; Przemysław Strzępek: 1st dan – jujutsu; and Sebastian Skóra: 1st dan – jujutsu.

In 1999-2003 he was a member of the Central Referees Committee in the Polish Ju-Jitsu Association. As a coach, he was selected by the Polish Ju-Jitsu Association for the results gained for the prize of the Minister (1997). He is also an activist in the national (since 1992, as president of the Polish Union of Kobudo and Aikibudo and Idōkan Poland Association, from 1993 to June 2003 in the Board of the Polish Ju-Jitsu Association) and international organizational structures (Idokan Europe International, European Sobukai Takeda-ryu, International Martial Arts Federation).

W. J. Cynarski was also, among others, organizer and main judge of several jujutsu tournaments, 23 sports camps of martial arts (head coach), numerous internships and national and international seminars. Japanese martial arts taught at numerous courses and seminars, which sponsored the Polish Federation of Martial Arts Fighting, the Polish Ju-Jitsu Association, Eastern International Ju-Jitsu Federation, Polish Aikibudo and Kobudo Union, the Idōkan Poland Association and other organizations also taught judo and jujutsu among others, in: Belgium (Torhaut) and Germany (Munich, Regensburg) and karate, kobudo and iaido in Romania (Constanta, Mangalia), Germany (Munich, Penzberg) and Italy (L'Aquila). He also participated in tournaments, internships and international congresses devoted Martial Arts, among others, Tokaj-Szerencs'1992, International Martial Arts Federation; Lagord'1992, Federation International of AikiBudo; Lagord'1993, Federation International of AikiBudo; Liège'1995, European Sobukai Takeda-ryu; Wiena'1998, Idokan Europe International; Tokio'2000, IMAF; Rzeszów'2006, Viseu'2009, Hockenheim'2010, European WingTsun Organisation).

In the field of scientific development, we should mention i.e.: he actively participated in 133 conferences, including 62 international and 19 international congresses (Tokyo-Ageo 2000, Billerbeck 2000, Warsaw 2002, Cologne 2003, Belgrade 2005, Jyvaskyla 2006, Rzeszow 2006, Thessaloniki 2006, Bratislava 2007, Sapporo 2008, Viseu 2009, Taipei 2009, Rzeszow 2010 La Coruna 2010, Viseu 2011, Tsukuba 2013, Brno 2013, Auckland 2014, Rzeszow 2014), related to sports and martial arts and culture physical fitness.

Several times he was co-organizer of scientific events, for ex.: Chairman of the organizing committee of the First International Scientific Conference: *Humanistic theory of martial arts – concepts and problems* (Rzeszow, 30 May-1 Jun. 2003), a member of the scientific committee of the First International Scientific Conference: *Physical activity as a factor supporting the development and health* (Rzeszow, 21-22. Oct. 2005), secretary, member of the organising and scientific committees of the 1st World Scientific Congress of Combat Sports and Martial Arts (Rzeszow, 22-24. Sept. 2006), Chairman of the Scientific Committee and Vice-President of the Organizing Committee of the II International Scientific Conference of martial arts experts - scientists and scholars: martial arts, humanism – *budō, kakugi, jindo* (Targowiska-Krosno, 25-26. Apr. 2008) and Chairman of the Scientific Committee and Vice-President of the Organizing Committee of the First International Scientific Conference: *Education physical, sports and physical recreation in socio-cultural perspective* – Rzeszów, 14-15. Nov. 2008 also organized by the Department of Humanities and Faculty of Physical Education of UR. Chairman of the Scientific Committee and Vice-President of the Organizing Committee of the 2nd World Scientific Congress of Combat Sports and Martial Arts (Rzeszow, 17-19. Sept. 2010), Chairman of the Scientific Committee and leading and the 1st Plenary Session of the IMACSSS International Conference (8-10 Jun. 2012, Genoa), Chairman of the Scientific Committee and chairman of the Organizing Committee of the 3rd World Scientific Congress of Combat Sports and Martial Arts / IMACSSS International Conference (15-17 Oct. 2014 Rzeszow).

Conducting lectures and classes at WSP (since 2000 – University of Rzeszow) and the Stanisław Pigoń State College in Krosnohe has been author of a total of approx. 500 publications, he was a thesis reviewer of three dissertations (Wojciech Bajorek, Grzegorz Domino,

Tomasz Guja) and takes care of scientific careers of people who have open theses and submitted their works (Jan Słopecki, Gabriel Szajna, Marcin Obodyński, Grzegorz Błażejowski, Magdalena Kunysz-Rozborska) as well as others who are advanced in writing their works (Przemysław Pawelec, Tomasz Maczuga, Jacek Gajewski). Since 1994 he has been a consultant, then a reviewer and promoter of numerous undergraduate and graduate work for directions “physical education” and “tourism and recreation” on the WWF at UR. Currently he leads here, as a promoter, diploma seminars – Bachelor (65 promoted) and MA (122). On the principles of cooperation he also is reviewing essays in selected fields at the Institute of Philosophy of UR.

In terms of editorial work and reviews, we should mention that W.J. Cynarski is since 2000 editor of the journal: “Ido – Ruch dla Kultury / Movement for Culture”, as well as a member of the editorial Committees and reviewer for many scientific journals (more than 30) – including 5 on the list of ISI (since 2005 “Archives of Budo” since 2009 “Journal of Sports Science & Medicine” in 2011, “International Journal of Sport Management and Marketing” from the 2012 “European Journal of Sport Science”; since 2012 “Journal of Sports Sciences”.

He reviewed also 19 books (textbooks, monographs, dissertations works etc.) issued in 2006-2015, and he was the editor 17 reviewed books in Polish and English, and also the author or co-author 12 textbooks, scripts, book collections and the post conference monographs.

He is indexed in international scientists indices: Index Copernicus International (ICI), the World Research Organization (UNWRO) based in South Africa, International Directory of Researchers on Tourism, Outdoor Recreation, Leisure and Hospitality Industry / International Centre for Research and Study of Tourism (CIRET) headquartered in France, and recorded in the chronicles and lexicons publications “Helion” and “Hübners *Who is Who*”.

He is also organizational functions at the university, with some already mentioned above, should also be mentioned that:

–In 2002-2005 he was a member of the Disciplinary Committee at the Senate University of Rzeszow;

–Since September 2005, (for two terms, until 2012) he was a member of the Senate University of Rzeszow, representing the Faculty of Physical Education;

–from September 2005 until 2012 he was attorney for Dean. International Relations and Publications;

–from Dec. 2005 to Aug.2012 – Chairman of the Senate Committee on the Library at University of Rzeszow;

–In Sept. 2007 Faculty of Physical Education and Senate University of Rzeszow identified the him as a candidate for the National Accreditation Commission (PAK);

–from March 2008 to Apr. 2016 Elector University of Rzeszow – representing the Department of Physical Education;

–In March 2009, the Board of the Faculty of Physical Education University of Rzeszow elected him chairman of the Scientific Council (Council of Science of Physical Education) Faculty of Physical Education University of Rzeszow, who due to financial savings has not been appointed by the Rector of UR;

–Since Oct. 2012 – member of the Senate Committee on Science University of Rzeszow;

–In the current term of office is Associate Dean for Faculty of Physical Education of Rzeszow University.

When it comes to all kinds of social functions, that: he was head coach of the Section of Eastern Combat Sports and Martial Arts in High Pedagogical School (WSP) and Rzeszow University (from the beginning of work at the University); Chairman and technical director Polska Unia Kobudo i Aikibudo (PUK&A– Polish Union of Kobudo and Aikibudo, since 1992); President and technical director SIP – Stowarzyszenie Idokan Polska (Idokan Poland

Association) Rzeszow (head coach / *Shihan* since 1993); member of the Board PZJJ (Polski Związek Ju-Jitsu – Polish Ju-Jitsu Association); official representative of the Idokan Europe International (Vienna) for Poland (1993-2003); a member of European Jujutsu and Kobudo Committee (Warsaw) and Deutscher Dan-Traeger und Budo-Lehrer Verband e.V. (Munich); representative International Martial Arts Federation (Tokyo, 2000); Jury member of the Central Committee PZJJ (Polish Ju-Jitsu Association); IMACSSS president (from 2010), where he works in sections – socio-anthropological and historical.

He is also an active member of many scientific societies: Carpathian Scientific Society for Physical Culture (since 2004 Chairman of the Commission of Science), Polish Scientific Society for Physical Culture (PTNKF since 2005 – Chairman of the Committee. Science and Publishing) Polish Sociological Association (PTS, since 2000), Polish Anthropological Society (PTA – since 2001), the European Association for the Sociology of Sport (EASS – since 2002), the European Academy for Carpathian Euroregion (EACE) and the International Association of Sport Kinetics (IASK – since 2005 a member of the Board of the Polish Section); represents the Faculty of Physical Education UR in the Association Internationale des Ecoles Supérieures d'Éducation Physique (AIESEP, since 2006), an activist of the International Society of Eastern Sports & Physical Education (since 2005), member of the presidium of the European Martial Arts Committee, EMAC (previously: European Jujutsu & Kobudo Committee, EJKC).

He is one of the founders of the International Society of Sports Social Sciences (ISSSS) and Polish Society of Sports Social Sciences with its seat in Warsaw (since 2009 a member of the audit committee ISSSS, from 2013 a member of the main board ISSSS).

Also – from inception in 2010 – he is a member of the British 5-seater the World Martial Arts Council of Scientific Research Institute, and the organization CORPUS – International Group for the Cultural Studies of the Body (cultural anthropology). He is a professor (Fellow no. CF00305) at the Institute of Martial Arts and Sciences – IMAS (Lancashire, UK). He is also co-founder of the Association of Statisticians Polish Sports „Statpol” with its seat in Warsaw (2013). From May 2014 – on the Board EASS. Socially serves as Professor in IMAS (GB), EJKC and Idokan Yoshin-ryu (*kaiden shihan*). He was also the manager and main coordinator, dozens of international and national research projects and received numerous awards and honours, related to the arts and combat sports and physical culture, sport and tourism, both Polish and international, for ex.: August 24, 2012 the Minister National Education awarded him for his outstanding contribution to education and upbringing „National Education Committee Medal”.

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Table 1. Calendar of sport achievements, awards and the promotion in martial arts W. J. Cynarski

№	Year	Event	Discipline	Country/city
1.	1977	Start of training martial arts and combat sports	jūjutsu, boks, kick-boxing, elements of karate and hatha voga	Strzyżów, Poland
2.	1984	Training in AZS PRz (<i>Academic Sport Association Rzeszow University of Technology</i>)	kyokushinkarate	Rzeszow, Poland
3.		Training in Youth Palace, shihan S. Cynarski	jūjutsu & jūdō	Tarnow, Poland
4.		Training seminars and individual training	jūjutsu	Krakow, Poland
5.		Training in AZS PRz	kobudō	Rzeszow
6.		Beginning of instructor's work (AZS PRz, WTKKF Rz-w)	karate, jūjutsu	Rzeszow
7.	1987	Leading section in University Club, AZS PRz until 1989	karate	Rzeszow
8.	1989	3-month internship (A. Floquet 7 dan, CERA)	aikibudō-kobudō	Grigny, France
9.		Leading section in WTKKF	jūjutsu and aikibudō	Rzeszow
10.	1991	1 dan (M. Drogosz 3 dan, EIJJF) 8. 02. 1991	jūjutsu	Krakow
11.		2 dan (S. Lory 7 dan, EIJJF) 1. 12. 1991	jūjutsu	Krakow
12.	1992	2 dan (R. Jugeau 6 dan, IMAF)	nihonjūjutsu	Tokaj, Hungary
13.		1 dan (A. Floquet 8 dan, G. Clerin 5 dan)	aikibudō	Tarnow
14.		Official teaching and popularization in Poland of training	kobudō katorishintō-ryū	Poland
15.		Fighting against hussar saber with W. Zablocki, presenting Japanese sword art	kenjutsu	Warsaw, Poland
16.		1 dan (L. Sieber 10 dan)	zendōkarate	München, Germany
17.	1993	1 dan (A. Floquet 6 dan, G. Hatakeyama 9 dan)	kobudō	La Rochelle, France
18.		1 dan (L. Sieber/Idokan Europa)	iaidō	München
19.		3 dan L. Sieber 10 dan/Idokan Europa)	jūjutsu	München
20.	1994	Polish Seniors Championship in technical forms (26. 11. 1994)	jūjutsu	Sosnowiec, Poland
21.		1 dan (dr R. Maroteaux 6 dan, EST)	Aikido takeda-ryū	Avignon, France
22.	1994-1994	1 dan (dr R. Maroteaux 5 dan, EST)	iaidō takeda-ryū	Avignon
23.		teaching and popularization of martial arts	aikijutsu takeda-ryū	Poland
24.	1995	1 dan (L. Sieber 10 dan/Idokan Europa)	jūdō-dōidō	München
25.		2 dan (L. Sieber 10 dan)	zendōkarate	München
26.	1995	European Championship – start & IX place in EC EST	iaidō	Liège, Belgium
27.		The national referee license of PZJJ	jūjutsu	Katowice, Poland
28.		Master Class in Sports PZJJ 18. 06. 1995	jūjutsu	Katowice, Poland
29.		International referee license A (Idokan Europa)	jūjutsu	Penzberg, Germany
30.	1996	International referee license A (Idokan Europa)	karate	Penzberg
31.		2 dan L. Sieber/Idokan Europa)	iaidō	München
32.		2 dan (L. Sieber 10 dan/Idokan Europa)	jūdō-dōidō	München
33.		4 dan (L. Sieber 10 dan/Idokan Europa)	jūjutsu and jūjutsu-karate – style vōshin-ryū	München
34.		2 dan (dr R. Maroteaux 6 dan, EST)	Aikijutsu takeda-ryū	Mangalia, Romania
35.		1 dan (DJJR, DDBV, Idokan Europa), degree verified later by examination of Polish Judo Association	jūdō	Penzberg, München
36.		2 dan (Poland Federacia Aikibudō i Kobuutsu)	aikibudō	Tarnow, Poland
37.		2 dan (K. Piech 4 dan)	kobudō	Strzyżów, Choszczewo
38.		3 dan (L. Sieber 10 dan, H. Sieber 5 dan)	zendōkarate and idōkankarate	Rzeszów
39.		3 dan (L. Sieber 10 dan/Idokan Europa)	jūdō-dōidō	München
40.	1997	Section coach of Eastern Martial Arts with AZS UR since 01. 10 1997		Rzeszow
41.	1998	PZJJ nominates W. Cynarski for coaching to the Ministry prize	PZJJ	Poland
42.		1 dan (L. Sieber 8 dan, DJJR)	kick-boxing	Wien, Austria
43.	1999	4 dan (L. Sieber 10 dan/Idokan Europa)	jūdō-dōidō	München
44.		5 dan (J. Slopecki 7 dan, PZJJ)	jūjutsu	Katowice
45.	2000	2 place in WC IMAF	karate	Tokyo, Japan
46.		3 place in WC IMAF	kobudō	Tokyo
47.		3 dan (T. Nobetsu 9 dan, IMAF)	kobudō	Saitama-Ageo,
48.	2001	5 dan (L. Sieber 10 dan/Idokan Europa)	jūdō-dōidō	München
49.		4 dan (L. Sieber 10 dan, H. Sieber 5 dan)	zendōkarate	München
50.	2002	4 dan (L. Sieber 8 dan, E. Aledo 6 dan)	nihonkarate-dō	München
51.		3 dan (L. Sieber 5 dan, E. Aledo, Asociacion Espanola)	iaidō	Denia, Spain
52.	2004	4 dan (shihan S. Cynarski 6 dan, PSAJJ and SIP) 10. 04. 2004	aikijutsu	Tarnow
53.		6 dan (shihan L. Sieber 10 dan, H. Sieber 7 dan) 15. 04. 2004	jūdō-dōidō	München
54.		6 dan (Kolegium Dan PZJJ) 10. 06. 2004	jūjutsu	Katowice
55.	2005	Champion title (meijin L. Sieber 10 dan, H. Sieber 8 dan) 8. 07. 2005	okudenshihan inidōkanvōshin-ryū budō	München
56.		2 dan (shihan H. Schöllauf 10 dan, L. Sieber 8 dan, DJJR) 8. 07. 2005	jūdō	München
57.		5 dan honoris causa (shihan S. Cynarski 7 dan, PSAJJ and SIP) 10. 12. 2005	aikijūjutsu	Tarnow
58.	2007	5 dan (sōke L. Sieber 10 dan) 09. 02. 2007	zendōkarate	München
59.		4 dan (renshi L. Sieber 5 dan, E. Aledo, Asociacion Espanola) 9. 02. 2007	iaidō	Denia-München
60.	2008	4 dan (hanshi J. Slopecki 9 dan, SIP) 12. 07. 2007	kobudō	Rzeszow
61.		2 dan (L. Sieber 8 dan, E. Aledo, Asociacion Espanola) 20. 11. 2007	kick-boxing	Denia-München
62.	2008	7 dan (hanshi J. Slopecki 9 dan, COZJJ and SIP) 15. 03. 2008	jūjutsu	Warsaw
63.		6 dan (shihan S. Cynarski 7 dan, PSAJJ and SIP) 14. 06. 2008	aikijūjutsu	Tarnow
64.		6 dan (shihan J. Piwowarski 8 dan, Polish Karate Federation)	all-style karatedō	Krakow
65.		6 dan (dai-sōke L. Sieber 10 dan) 11. 02. 2009	zendōkarate and idōkankarate	München
66.	2009	7 dan (shihan L. Sieber 10 dan) 11. 02. 2009	jūdō-dōidō	München
67.		International referee license A (Grossmeister L. Sieber 8 dan, SIP) 18. 02. 2009	kick-boxing	München
68.	2010	Highest license menkyōkaiden and Grand Master title kaidenshihan (meijin L. Sieber 10 dan, H. Sieber 8 dan) 28. 02. 2009	idōkanyōshin-ryū budō	München
69.		8 dan (sokedaikaiden, Dr K. Kondratowicz 12 dan, Polish Center of Jiu-Jitsu Goshin-Ryu) 1. 04. 2009	jūjutsu	Warsaw
70.		8 dan (COZJJ and EJKC, hanshi J. Slopecki 10 dan) 27. 03. 2010	jūjutsu	Warsaw
71.		8 dan (COZJJ, hanshi Dr J. Slopecki 10 dan) 23. 06. 2010	jūjutsu	Warsaw
72.	2010	8 dan (COZJJ, hanshi Dr J. Slopecki 10 dan) 23. 06. 2010	goshinjutsu	Warsaw
73.		Organizing & leading I World Science Congress of Martial Arts and Combat Sports (including Martial Arts Gala and workshops) 17-19. 09. 2010		
74.	2011	Medal „For outstanding achievements in Martial Arts” and title “Professor-Expert” of European Jujitsu & Kobudo Committee (EJKC) and International Modern Jujitsu Federation (MFMJJ) 18. 09. 2010		Rzeszów
75.		Medal of Honor World Takeda-ryū Marotokan Federation (hanshi R. J. Maroteaux, 9 dan management of WTMF) 19. 09. 2010		France
76.	2011	8 dan (shihan L. Sieber 10 dan) 5. 02. 2011	jūdō-dōidō	München
77.		5 dan (DJJR, L. Sieber 6 dan) 6. 02. 2011	kenjutsu	München
78.		5 dan (DJJR, L. Sieber 6 dan) 6. 02. 2011	iaidō	München
79.		3 dan (IPA, Dr W. Sikorski 7 dan, Dr J. Slopecki 3 dan) 26. 03. 2011	jūdō	Warsaw
80.	2012	7 dan (dai-sōke L. Sieber 10 dan) 1. 03. 2012	zendōkarate	München
81.		2 nd instructors degree (GM K. Kemspecht 10 th master's degree, EWTO) May 2012	Wing Tsun kung-fu	Hockenheim
82.	2013	10 dan (shihan L. Sieber 10 dan, DKKF, IPA & DDBV) 8. 02. 2013	jūdō-dōidō	München & Neuffen
83.		8 dan (meijin L. Sieber 10 dan, DFK, DKKF, & IPA) 14. 02. 2015	hanshi zen do karate	München & Neuffen
84.	2015	8 dan (meijin L. Sieber 10 dan, DFK, DKKF, & IPA) 14. 02. 2015	hanshi karate-do	München & Neuffen
85.		9 dan (hanshi J. Slopecki 10 dan, President EMAC – European Martial Arts Committee).	hanshi jujutsu	Warsaw

Table 2. Journals, in which W. J. Cynarski performs editorial functions

№	Journal	Since
1.	„Ido – Ruch dla Kultury/Movement for Culture”(IRK-MC)	2001
2.	„Wychowanie Fizyczne i Sport” – “Physical Education and Sport”	2001
3.	„Przegląd Naukowy Kultury Fizycznej Uniwersytetu Rzeszowskiego”(PNKF) –Scientific Review of Physical Culture University of Rzeszow	2004
4.	“Archives of Budo”	2005
5.	“International Journal of Eastern Sports and Physical Education” (IJESPE)	2005
6.	European Journal of Tourism Research” (EJTR)	2007
7.	„Turystyka i Rekreacja” (TiR) – “Tourism and Recreation”	2007
8.	“Kinesiology Slovenica. Scientific Journal on Sport” (KinSI)	2008
9.	“Journal of Sport Science & Medicine” (JSSM)	2009
10.	“Baltic Journal of Health and Physical Activity”	2010
11.	„Turystyka Kulturowa” – “Cultural Tourism”	2010
12.	“International Journal of Sport Management and Marketing” (IJSMM)	2011
13.	“Human Movement”	2011
14.	“Folia Turistica”	2011
15.	“Journal of Sport Science & Medicine”	2011
16.	“European Journal of Sport Science” (EJSS)	2012
17.	“Journal of Sports Sciences”	2012
18.	Zeszyty Naukowe „Turystyka i Rekreacja” Wyższej Szkoły Turystyki i Języków Obcych w Warszawie Scientific Papers “Tourism and Recreation” of High School of Tourism and Foreign Languages in Warsaw	2012
19.	“Journal of Combat Sports and Martial Arts”	2013
20.	“Physical Culture and Sport. Studies and Research”	2013
21.	“Journal of Tourism – Tourism Studies and Research”	2013
22.	“e-Politikon”	2013
23.	“Revista de Artes Marciales Asiáticas”	2014
24.	„Muzealnictwo” – “Museology”	2014
25.	“Dyskurs Pedagogiczny” – “The Discourse of Education”	2014
26.	Prace Naukowe Akademii im. Jana Długosza w Częstochowie – sekcja: „Kultura Fizyczna”, Scientific Papers Jan Długosz Academy in Czestochowa – section “Physical Culture”	2014
27.	“Societies”	2014
28.	“Human Affairs. Post disciplinary Humanities & Social Sciences Quarterly”	2014
29.	“Procedia”	2014
30.	„Dydaktyka Literatury i Konteksty” (<i>Teaching of Literature and Contexts</i>)	2014
31.	“Security Economy & Law”	2014
32.	“Security Dimensions: International & National Studies”	2014

Highlighted ISI Master Journal List magazines.

Data of table 1 and 2 on the basis of the information W. J. Cynarski.